

# MEDITATIONS

*Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer. - Psa 19:14*

VOL II ISSUE 03

## READY TO SERVE

As a member of the body of Christ, I've learned a few things along the way that you may find interesting. This walk with Jesus Christ is a fascinating journey that is best shared with friends.

The articles presented on this site are just a small token of the enormity of God in my life. He has taken me through many tests, trials, struggles, pains, heartaches, and tribulations. However, I've found him to be true to his word. *"I will never leave you nor forsake you"*.

Please feel free to contact me if you need a prayer partner, a friend to speak with, or you just want to say hello.

- Tim Hamner



## The Spin Cycle

*Don't get caught in this spin cycle.*



**H**aving sex before marriage is a BAD idea. The bible refers to sex outside of marriage as fornication. The sexual experience that is shared within the bonds of marriage is the only union that is sanctioned by God. The reality is that young people think that adults are trying to stop an otherwise natural process. And yes, adults are trying to stop this natural process outside the guidelines of marriage. Once the "spin cycle" is started, WHAM your eyes are opened to a whole new world; that of sin and shame.

What is the "spin cycle" you might ask yourself? The "spin cycle" simply is sex before marriage. Once you participate in the act of sexual intercourse, the body release various chemicals that creates a feeling of euphoria. However, outside of marriage the participant now must seek out another willing partner to experience that "feeling" again. Also, each month the body experiences a "heated desire" to fulfill the bodies natural urge to

2650 Half Moon Way, Antioch CA 94531-7312  
Prayer Line 925-237-1846  
[www.timhamnerministries.com](http://www.timhamnerministries.com)



Min. Tim Hamner, Sr.

# Message for the Month

God knows that your seeking his face . . .but may not know how to reach him. God knows. God knows that your struggling with the works of the flesh . . . but God cares! He cared enough to send his only begotten son . . . he cared enough to give up his place in heaven to put on sinful flesh. And to suffer the humility of the cross. He carry the sins of the entire world just so that you can have a chance for eternal life. Tell Jesus that you love him today and that you are ready to commit your life to him as he did for you.

## The Spin Cycle

engage in sexual activity. Now that the switch has been turned on, the body has a natural tendency to want more. These urges gone uncontrolled can leave the participants diseased, starting a family earlier than anticipated, or in some extreme cases dead.



The good news is that this cycle can be broken! The bible has methods of breaking this cycle today if you follow the methods prescribed. First you must know that Jesus

Christ died for your sins and that he can heal you of this infirmity. He has made a way of escape for you to deal with your natural affections and bodily appetites. Marriage is honorable within the union of husband and wife; male and female. The other remedy to this situation is through fasting and prayer. This cycle must be continued until complete control of your emotions are achieved.

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